

18th Annual Tommie Smith Youth Track Meet

Sponsored by the 100 Black Men of the Bay Area, Inc.



Saturday, June 1, 2019
Edwards Stadium
University of California, Berkeley

Licensed By: Amateur Athletic Union (AAU)

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet www.aausports.org connect. Participants are encouraged to visit the AAU web site to obtain their membership.

Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow up to 10 days for adult memberships to be processed.

Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

Meet Director:

Coach James Moore

Email: coachjames@runningrebels.com

Fees: \$5 per Athlete

Eligibility and Event Limitations:

This meet is open to any athlete that falls within the age divisions listed on the next page.

Event Limitations:

Age 6 & Under 2 events (4x100, 50, Long Jump)

3 events (4x100, 100, 200, 400, 800, Long Jump, Mini-Jav)

Age 9 – Age 12 3 events

Age 13 – 14 4 events

Age 15-18 4 events

** Relays are grouped in 2-year age bands – Age 4-6, Age 7/8, Age 9/10, Age 11/12, Age 13/14, and Age 15-18.**

If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.

Age Divisions:

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division.

	5	1	2	4	8	1	3	8	1	L	T	H	4
	0	0	0	0	0	5	0	0	0	J	J	J	X
		0	0	0	0	0	0	H	0/				1
						0	0		1				0
									1				0
									0				0
									H				
Age Divisions													
Age 4 (2015)	X									X			
Age 5 (2014)	X									X			X
Age 6 (2013)	X									X			
Age 7 (2012)		X	X	X	X					X			X
Age 8 (2011)		X	X	X	X					X			
Age 9 (2010)		X	X	X	X	X				X		X	X
Age 10 (2009)		X	X	X	X	X				X		X	
Age 11 (2008)		X	X	X	X	X	X	X		X		X	X
Age 12 (2007)		X	X	X	X	X	X	X		X		X	X
Age 13 (2006)		X	X	X	X	X	X		X	X	X	X	X
Age 14 (2005)		X	X	X	X	X	X		X	X	X	X	X
Age 15-18 (2004-2001)		X	X	X	X	X	X		X	X	X	X	X

Events will be seeded by the entry times and marks. If you enter an athlete without an entry mark, they are subject to be placed in heats by the discretion of the meet director. Typically, that will be in the slower heats.

Entry Process:

ALL registration and meet entries should be completed on Coach O (www.coacho.com)

The deadline for all entries is 9:00pm Wednesday, May 29, 2019. There will be **NO DAY OF MEET REGISTRATION!** All entries should be verified prior to the entry deadline.

Immediately after registering online, teams will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues before the deadline and prior to arriving at the meet.

Packet Pickup:

A packet will be provided for each team consisting of team roster and events entered. A team representative will be responsible for picking up the packets. Packets can be picked up at the track facility beginning at 7:00am on meet day.

All participating athletes may sign the [UC Berkeley Athlete Waiver](#). You can download it in advance or complete it at Packet Pick up booth. Participation will not be allowed without a submitted signed waiver.

Event Check-In:

There will be a 1st, 2nd, and Final Call for each running and field event. All athletes MUST check-in with the Clerk of the Course by the Final Call, or be scratched from the event.

Awards:

Medals will be presented for participants who finish 1st through 3rd place in each event.

Facility:

Edwards Stadium features a 8-lane all-weather track and boasts a seating capacity of 22,000. Only ¼" or smaller pyramid spikes are allowed. Needles and Christmas tree spikes are forbidden. Fully Automatic Timing & results will be done using Finishlynx Cameras interfaced with Hy-Tek Meet Manager. Results will be posted 30 min after each event. No smoking, radios, glass containers, or alcoholic beverages are allowed within the stadium.

Refreshments:

A snack bar will be available.

Equipment:

The meet management will provide starting blocks. Batons and throwing implements should be brought for usage.

Admission:

There will be a \$5 entry fee for adults and youth 18 and under are free

Opening Ceremonies:

The Opening Ceremonies will be held on Saturday at 8:30am before the start of the meet. We ask that all teams bring their teams banners and be present at 8:00am for staging and preparations.

Coaches Meeting:

The Coaches meeting will begin promptly at 8:00am on the field. Every team will need to send at least one spokesperson for their team for detailed meet information and team packets.

Results:

All results will be posted within 30 minutes following each event.



Event Schedule

Saturday – June 1, 2019

Coaches Meeting – 8:00am

Opening Ceremony – 8:45am

Field Events – 9:15am (3 attempts – no Finals)

Competitors must check in at their event sites. Long Jump event will have two pits.

Long Jump (Pit #1 Girls)	ALL Ages
Long Jump (Pit #2 Boys)	ALL Ages
Triple Jump	Age 13 – Age 18
High Jump	Age 9 – Age 18
Shot Put	Age 7 – Age 18
Discus	Age 11 – Age 18
Mini-Jav	Age 9 – Age 12

Track Events – 9:30am

80M	Hurdles	Final	Age 10 – Age 11
100M/110M	Hurdles	Final	Age 12 – Age 18
400M	Run	Final	Age 7 – Age 18
1500M	Run	Final	Age 9 – Age 18
4x100	Relay	Final	All Age Groups
3000M	Run	Final	Age 11 – Age 18
50M	Run	Final	Age 6 & Under
100M	Run	Final	Age 7 – Age 18
800M	Run	Final	Age 9 – Age 18
200M	Run	Final	Age 7 – Age 18