



5 NORTH TRACK & FIELD INVITATIONAL

<p>Hosted By: 5 North Track & Field Conference</p> <p>Date: Saturday, March 16th, 2019</p> <p>Site: Tracy High School 315 E. 11th St. Tracy, CA</p> <p>Registration: www.athletic.Net</p> <p>The meet will be fully automatic timed.</p> <p>Registration Begins: February 10th, 2018 at 12:00AM</p> <p>Registration Ends March 13th, 2019 at 11:59 PM PST</p> <p>Packet Pickup: 7:00 AM</p> <p>Starting Time: 8:30 AM for Field- 9:00 AM Running Events</p> <p>Contact Person: KT Ransom: (209) 276-5312</p>	<p>Eligibility: Boys and Girls in the following Divisions:</p> <p>5 & 6.....2014 & 2013</p> <p>7 & 8.....2011 & 2012</p> <p>9 Year Old.....2010</p> <p>10 Year Old2009</p> <p>11 Year Old.....2008</p> <p>12 Year Old.....2007</p> <p>13 Year Old.....2006</p> <p>14 Year Old.....2005</p> <p>15 & 16 Years Old..... 2004 &2003</p>
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Limitation: 8 & under, and 9 year old thru 12 year old, are limited to 3 events.

Thirteen and older are limited to 4 events

Surface: ALL-Weather 8 lane Track and Runway, ¼ Spikes or less

Entry Fee: \$10.00 per athlete

Team entries are to be paid online at www.athletic.Net
(NO CHECKS ACCEPTED), (NO REFUNDS), (RAIN OR SHINE MEET WILL RUN)

Entry Fee: \$3

Awards: Metals for top 3 runners in each event, Ribbons for top 4-8 finishers, Overall Team Trophy

Concession: Food and Drinks will be available for purchase.

Meet Results: Will be provided On-Line at www.athletic.net and www.pacifictrackandfield.com

Check-In: All participants must check in at the Clerk of the Course when their event is called. Field Event participants must report directly to the official in charge of the event when the event is called.

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connection. Be Prepared: Adult and Non Athlete memberships are no longer instant and cannot be applied for at event. Please allow 10 days for membership to be processed.
- Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.



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Order of Events

RUNNING EVENTS—START TIME: 9:00 AM

3000m Run (11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18W, 17-18M)

110m Hurdles (15-16B, 17-18B)

100m Hurdles (13G, 14G, 13B, 14B, 15-16G)

80m Hurdles (11G, 12G, 11B, 12B)

400m (ALL DIVISIONS) youngest to oldest

100m (ALL DIVISIONS) youngest to oldest

Sprint Med. RELAY (9-10 year thru 15-16 year) *** Winner gets Championship Backpacks***
200m, 200m, 400m, 800m

1500m (7-8 through 15-16) youngest to oldest

200m (ALL DIVISIONS) youngest to oldest

800m (ALL DIVISIONS) youngest to oldest

4X100 Relay (ALL DIVISIONS) youngest to oldest

TRACK & FIELD

FIELD EVENTS—START TIME: 8:30 AM

Long Jump Oldest to youngest

Turbo Javelin (12, 11, 10, 9 & 8U)

Shot Put (ALL DIVISIONS) youngest to oldest